

Class: 5

Theme	What do we eat for breakfast?
Author	Ajapova, Tutbaeva, Video (You Tube): Healthy food for breakfast, Fat woman's breakfast
General aims	To enrich pupils' knowledge in the meanings: "healthy and unhealthy food for breakfast", "influence of unhealthy food for men", "Why do we need have breakfast".
Results of teaching	Pupils can learn differences between healthy and unhealthy food, can analysis about influence of unhealthy food to weight.
The main ideas	Overweight, healthy and unhealthy food, it's necessary to have breakfast.
Forms of teaching	By the whole group, individual, in pairs, by group (invitation to the breakfast), by the group (presentation: What (Why) do we need have breakfast?)
Teacher's notes	In the beginning of the lesson I'll show two extracts of video: "Fat woman's breakfast", "Unhealthy food"(photos and video).
	Questions-answers according the video:
	<ol style="list-style-type: none"> 1. What do you understand from the video (from the dialogue)? 2. About what the video? 3. What words are there this video? (chips, fried food ,..) 4. Are chips healthy food? 5. What do you think? What are we going to discuss at the today topic? 6. What is the today topic? 7. Do we need have breakfast? (упадок сил, после сна потребность в еде)
Tasks	<p>Task 1. Divide into 3 groups: apple, orange, banana.</p> <p>Task 2. Watch the video by the whole group: Unhealthy food.</p> <p>Task 3. Questions-answers according the video.</p> <p>Task 4. Enrich pupils' vocabulary (pupils say and translate words from the video): chips, hamburgers, fast food,</p> <p>Task 5. Draw and write your invitation for your breakfast in your groups using the words which we wrote.</p> <p>Task 6. To go to guests for breakfast to each other.</p> <p>Task 7. Discuss presentation: Whose useful, helpful breakfast was?</p> <p>Task 8. Present the presentation: What do we need eat for breakfast? Why do we need eat for breakfast?</p>
Reflection	With help the table: What did I know? What was the new for me? What did I learnt at the lesson? Notice
Evaluation	Evaluation is put by pupils in the reflection.
Home task	Learn the words which we wrote at the lesson.
Additional material	Dancing with hippo and dog.